PRESS RELEASE

Hernando County Public Library System • West Hernando Branch Library • 6335 Blackbird Avenue • Brooksville, FL 34613 Phone: (352) 540-6391 • Fax: (352) 592-5609

For Immediate Release

Date: October 24, 2011
Contact: Mary GaNun
Phone: (352) 540-6391
Fax: (352) 592-5609

Cooking Demonstration @ your library®

Brooksville, Florida —

Cooking for Two at Home. Can it be Fast, Frugal and Fun? You Bet!

My, how quickly things change. Just a few short years ago, restaurants were booming and cooking at home was something one watched on TV, but rarely attempted in real life. Then something shifted. Perhaps it was the economy, or a desire to eat healthier. For whatever reason, people wanted to rediscover the joy of cooking.

Recognizing that need, Chef Warren Caterson wrote the award-winning cookbook *Table for Two – The Cookbook for Couples*(Winfield & Scott Press) featuring over 235 recipes featuring fresh and readily available ingredients. Now he has taken his passion on the road with an entertaining and energetic hour-long presentation that will inspire your inner chef while tickling your taste buds.

Join Chef Warren Caterson at the Spring Hill Branch Library, 9220 Spring Hill Drive, Spring Hill, FL 34608 on Tuesday, November 1, 2011 at 2:30 p.m. He will share dozens of kitchen tips, cooking hints and humorous anecdotes about the joys and challenges of cooking for two. The presentation ends with a cooking demonstration that anyone can replicate in their own home.

Warren Caterson is a full-time writer and foodie who studied at the Southeast Institute of Culinary Arts. He resides with his family in Dunedin, Florida and invites you to drop by if you're in the area - there's always something cooking and there's always enough.

The program is sponsored by the Friends of the Library of Hernando Co., Inc. For more information, please contact the Library Program Staff at (352) 540-6391.

Tuesday, November 1, 2011 2:30 p.m. Spring Hill Branch Library 9220 Spring Hill Drive Spring Hill, FL 34608 (352) 540-6374